

Pre-K Post

September 11, 2020

This week we had two focus questions. The first one was, "What should we do if we are sad or scared at school?". In discussion and shared writing, we talked about the feeling of being sad and scared, what causes these feelings, how to ask for help and strategies to help us get calm and feel better and safe at school. The second question, which will continue into next week is, "What are our rules?". We reviewed our classroom and school rules and talked about why rules are important.... they keep us safe.

In our Sandford Harmony lessons, we learned about friendship; what is a friend, how to make and keep friends, and it's okay if friends don't always agree. Elmo and his friends helped us with some of these skills. These are skills we will continue to develop throughout the school year.

In math and literacy, we read the books, *The Kissing Hand*, *Wemberly Worried* and *Charlie Anderson* and the poems, "One, Two, Buckle My Shoe", "Little Miss Muffett", "Strolling Through the Park", "Two Plump Armadillos" and "Mary Had a Little Lamb". Math, art and social emotional learning are incorporated in our lessons.

We made an art piece based on the book, *The Kissing Hand*. We cut a lot of paper and glued it to paper. We played with playdough, built forts from bristle blocks for animals and cars and strung beads on strings.

Mrs. Hunt, our speech and language pathologist, comes to our class every Tuesday and Friday

It's been a great week! We are all so happy to be in school!

Menu:

M: Soy butter & Jelly Sandwich w/ Tortilla Chips, salsa, Veggie Juice, Assorted Fruit

T: Turkey and Cheese Croissant, Baby Carrots, Salad, Assorted Fruit

W: Pepperoni Pizza Anytimer, Grape Tomatoes, Veggie Juice, Assorted Fruit

T: Yogurt & Cheese Plate, Black Beans, Cucumbers, Assorted Fruit

F: Turkey Ham & Cheese Anytimer, Baby Carrots, Corn, Assorted Fruit

*Milk is served with every meal

**Fall Holiday: Monday, September 28th